



**GREENLEAF**

# SPRING SEASONAL GUIDE

— 2026 —

NORTHERN CALIFORNIA

a  **chefswarehouse** *company*



# OUR OUTSTANDING LOCAL FARMS



# LOCAL FARMS

SEASONAL SOURCING FROM  
TRUSTED LOCAL GROWERS

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SANTA BARBARA, CA

## BABE FARM

Baby Beets  
Baby Fennel  
Baby French Carrots  
Baby Leeks  
Baby Mixed Carrots  
Baby Mixed Lettuce  
Baby Purple Carrots  
Baby Round Carrots  
Baby Turnips  
Blonde Frisee  
Easter Egg Radishes  
Fennel  
French Breakfast Radishes  
Lollo Rosa  
Parsley Root  
Pink Rhone Lettuce  
Red Buttercake Lettuce

SAN MATEO COUNTY, CA

## BRISA RANCH

Organic Mixed Salanova Lettuces

YOLO COUNTY, CA

## CAPAY ORGANICS

Organic Broccoli Di Ciccio  
Organic Chards  
Organic Lacinato Kale  
Organic Leeks  
Organic Tango Mandarins

SAN BENITO COUNTY, CA

## COKE FARMS

Organic Baby Artichokes  
Organic Baby Red Beets  
Organic Black Spanish Radishes  
Organic Celery Root  
Organic Cilantro  
Organic Frisee  
Organic Italian Parsley  
Organic Leeks  
Organic Meyer Lemons  
Organic Purple Daikon  
Organic Red Beets (sack)  
Organic Snap Peas  
Organic Spring Onions  
Organic Strawberries  
Organic Sunchokes  
Organic Watermelon Radishes  
Organic Broccoli Crowns

BUTTE COUNTY, CA

## COMANCHE CREEK FARMS

Organic Baby Mixed Lettuce  
Organic Braising Mix  
Organic Collard Greens  
Organic English Peas  
Organic Fava Beans  
Organic Fava Leaves  
Organic Fennel  
Organic Green Garlic  
Organic Lacinato Kale  
Organic Little Gem Lettuce  
Organic Mixed Chicories  
Organic Mizuna  
Organic Purple Daikon  
Organic Purple Sprouting Broccoli  
Organic Red Spring Onions  
Organic Snap Peas (Green & Purple)

RIVERSIDE COUNTY, CA

## COUNTY LINE HARVEST

Organic Baby Arugula  
Organic Baby Mixed Lettuce  
Organic Bloomsdale Spinach  
Organic Casper Kale  
Organic Frisee  
Organic Lacinato Kale  
Organic Little Gem Lettuce  
Organic Lollo Rosa  
Organic Radishes  
Organic Red Dragon Rucolla  
Organic Red Frill Mustard Greens  
Organic Rucola  
Organic Salad Mix  
Organic Speckled Romaine  
Organic Super Baby Mix  
Organic Thumbelina Carrots  
Organic Turnips

SANTA CRUZ COUNTY, CA

## DIRTY GIRL FARM

Organic Mixed Chicories  
Organic Puntarella  
Organic Strawberries

YOLO COUNTY, CA

## DURST ORGANIC GROWERS

Organic Asparagus (Green & Purple)  
Organic Fava Beans

MONTEREY COUNTY, CA

## FIELD FRESH FARM

Baby Kale  
Baby Spinach (Organic & Conventional)  
Cello Spinach (4x2.5 pack)  
Mizuna  
Spring Mix (Organic & Conventional)

SAN DIEGO COUNTY, CA

## FRESH ORIGINS

Specialty & Petite Micro Greens

YOLO COUNTY, CA

## FULL BELLY FARM

Organic Baby Turnips  
Organic Flambo Radishes  
Organic Green Garlic  
Organic Leeks  
Organic Mizuna  
Organic Red Russian Kale  
Organic Spring Onions  
Organic Tat Soi  
Organic Wheat Berries  
Organic Wild Mustard Greens

SOLANO COUNTY, CA

## GOTHAM GREENS

Butterhead Lettuce  
Gourmet Medley Baby Mixed Lettuce

SAN MATEO COUNTY, CA

## IACOPI FARMS

Dried Gigantes Beans  
Dried Italian Butter Beans  
English Peas  
Fava Beans

CONTRA COSTA COUNTY, CA

## KNOLL FARMS

Organic Cardoons  
Organic Fava Leaves  
Organic Green Garlic  
Organic Herbs: Rosemary & Sage  
Organic Horseradish Leaves  
Organic Pea Leaves  
Organic Rapini Mix

MONTEREY COUNTY, CA

## LAKESIDE ORGANIC GARDENS

Organic Broccoli  
Organic Cauliflower  
Organic Celery  
Organic Cilantro  
Organic Leeks  
Organic Little Gem Lettuce  
Organic Nantes Carrots  
Organic Radicchio  
Organic Romaine Hearts

SANTA CRUZ, CA

## NEW NATIVES

Organic Pea Sprouts  
Organic Sunflower Sprouts  
Organic Wheat Grass

STANISLAUS COUNTY, CA

## RATTO BROS.

Chards  
Collard Greens  
Kale  
Kohlrabi  
Mustard Greens

YOLO COUNTY, CA

## RIVERDOG FARMS

Organic Arugula  
Organic Asparagus  
Organic Bok Choy  
Organic Chards  
Organic King Richard Leeks  
Organic Leeks  
Organic Red & Green Cabbage  
Organic Red Russian Kale  
Organic Spring Onions  
Organic Tat Soi  
Organic White Beans

# SPRING SEASONAL ITEMS



## APRICOTS

While apricots reach their peak in early summer, late spring in California sees the first of these golden fruits. Spring apricots are a treat, often smaller but intensely flavored, perfect for enjoying fresh or lightly grilled.



## GREEN GARLIC

Green garlic is a true spring delicacy in California, available from late winter through spring. This young, mild garlic is harvested before the bulbs fully mature and offers a subtle, fresh garlic flavor. Its brief season makes it a prized ingredient in spring dishes.



## ARTICHOKES

Spring is prime artichoke season in California. From March through May, you'll find an abundance of these edible thistles, with the prized Castroville artichokes at their peak. Spring artichokes are particularly tender and flavorful, ideal for simple preparations that let their unique taste shine.



## PEAS

Spring is the prime season for fresh peas in California. From March through May, you'll find sweet English peas, crisp sugar snap peas, and delicate snow peas at their peak. Spring peas are sweeter and more tender than at any other time of year, making them a true seasonal treat.



## ASPARAGUS

Asparagus is the quintessential spring vegetable in California. The season kicks off in February and reaches its peak in April. Spring asparagus is notably tender and sweet, with thin, delicate spears that require minimal cooking. Pairs wonderfully with lemon, butter, or hollandaise sauce.



## RADISHES

Spring radishes in California are notably crisp and flavorful. While available year-round, spring sees an abundance of varieties, from classic red globe radishes to watermelon radishes. Their peppery flavor is particularly vibrant in the cool spring months.



## AVOCADOS

While available year-round, California avocados are at their best from spring through summer. The Hass variety, which dominates California production, starts to come into season in spring. Spring avocados tend to have a rich, creamy texture and nutty flavor, perfect for guacamole or avocado toast.



## STRAWBERRIES

Strawberry season in California begins in spring, with the first berries appearing as early as February in some coastal areas. However, April to May is when strawberries reach their peak of flavor and abundance. Spring strawberries are often smaller but more intensely flavored than their summer counterparts, making them perfect for desserts or enjoying fresh.



## CHERRIES

Late spring marks the beginning of cherry season in California. Usually starting in May, the season is short but sweet. Early varieties like Brooks and Tulare cherries are the first to appear, offering a preview of the summer bounty to come. Spring cherries are often slightly tart but incredibly fresh and crisp.





	MAR	APR	MAY	JUN
<b>APPLES</b>				
FUJI	⊗	⊗	⊗	⊗
GALA	⊗	⊗	⊗	⊗
GRANNY SMITH	⊗	⊗	⊗	⊗
OPAL	⊗	●	●	●
PINK LADY	⊗	⊗	⊗	⊗
RED DELICIOUS	⊗	⊗	⊗	⊗
<b>ARTICHOKES</b>				
ARTICHOKES	○	○	○	⊗
ARTICHOKES, LOOSE, SMALL	○	○	○	○
CARDOON	○	●	●	●
SUNCHOKES	○	●	●	●
<b>ASPARAGUS</b>				
GREEN	○	○	○	○
PURPLE	●	○	○	●
WHITE	◐	◐	◐	◐
<b>AVOCADOS</b>				
AVOCADOS	○	○	○	○
<b>BEANS</b>				
BABY LIMA BEANS	●	●	○	○
BLUE LAKE	◐	◐	◐	○
CANNELINI	●	●	●	○
CRANBERRY	●	●	●	○
FAVA	◐	◐	○	○
FLAGOLET	●	●	○	○
FRENCH	●	●	●	○
PURPLE BEANS	●	●	○	○
ROMANO	●	●	○	○
<b>BERRIES</b>				
BLACKBERRIES	◐	◐	◐	◐
BLUEBERRIES	◐	◐	○	○
GOOSEBERRIES	◐	◐	◐	⊗
MULBERRIES	●	●	●	○
OLALLIEBERRIES	●	●	●	○
RASPBERRIES	◐	◐	◐	○
RASPBERRIES, BLACK	●	●	●	○
RASPBERRIES, GOLDEN	●	●	●	○
STRAWBERRIES	◐	○	○	○
<b>BROCCOLI</b>				
BROCCOLI RABE	○	○	●	●
BROCCOLI ROMANESCO	⊗	○	○	○
BROCCOLI, ITALIAN SPROUTING	○	●	●	●

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**BROCCOLI (CONT.)**

	MAR	APR	MAY	JUN
GAI LAN	○	○	○	○
SWEET BABY BROCCOLI	○	○	○	○
SWEET BABY, PURPLE	○	○	○	○

**CABBAGE**

BRUSSELS SPROUTS	◐	◐	◐	◐
CONICAL	○	●	●	●
GREEN	○	○	○	○
KOHLRABI, GREEN/PURPLE	○	○	●	●
NAPA	○	○	○	○
RED	○	○	○	○

**CARROTS**

CARROTS, BABY, ROUND	○	○	○	◐
NANTES	○	○	○	○

**CAULIFLOWER**

CAULIFLOWER	◐	○	○	○
FLORENTINO	○	○	○	○
SWEET BABY CAULIFLOWER	◐	○	○	○

**CHICORIES**

CASTELFRANCO	○	○	○	○
CASTELFRANCO, ORGANIC	○	●	●	●
ENDIVE	○	○	○	○
ESCAROLE	○	○	○	○
ESCAROLE, ORGANIC	○	○	○	●
FRISSE, BLONDE	○	○	○	○
FRISSE, ORGANIC	○	○	●	●
MIXED ORGANIC	○	○	●	●
RADICCHIO	○	○	○	○
TREVISO	○	○	○	○

**CITRUS**

BERGAMOTS	○	○	○	●
GRAPEFRUIT, COCKTAIL	○	●	●	●
GRAPEFRUIT, RIO STAR	◐	◐	●	○
KUMQUAT	○	○	○	●
LEMON, MEYER	○	○	○	●
LIME, KEY	◐	◐	◐	◐
LIMEQUAT	○	◐	◐	◐
MANDARIN, MURCOTT	○	○	○	●
MANDARINS, PIXIE	○	○	○	●
ORANGES, BLOOD	○	○	○	●
ORANGES, CARA CARA	○	○	○	●
ORANGES, JUICING	○	○	○	◐

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**ORANGES (CONT.)**

	MAR	APR	MAY	JUN
ORANGES, NAVEL	○	○	●	●
ORANGES, VALENCIA	●	●	○	○
TANGELOS, MINNEOLA	○	○	●	●
TANGERINES, DAISY	○	●	●	●
TANGERINES, FAIRCHILD	●	●	●	○

**CORN**

BI-COLOR	●	●	●	○
WHITE	◐	○	○	○
YELLOW	◐	◐	◐	○

**CUCUMBER**

ENGLISH	◐	○	○	○
JAPANESE	●	●	●	○
LEMON	●	●	●	○
PAINTED SERPENT	●	●	●	○
PERSIAN	◐	◐	◐	◐

**DATES**

DATES, BARHI (DRY CROP)	○	○	○	○
DATES, MEDJOO	○	○	○	○

**EGGPLANT**

CHINESE	◐	○	○	○
GLOBE	◐	○	○	○
GREEN THAI	◐	○	○	○
INDIAN	◐	○	○	○
ITALIAN	◐	○	○	○
JAPANESE	◐	○	○	○
WHITE PALOMA	●	●	●	○

**FIGS**

ADRIATIC	●	●	●	○
BLACK MISSION	●	●	○	○
BROWN TURKEY	●	●	●	○

**GARLIC**

ELEPHANT	○	○	○	○
GARLIC	○	○	○	○
GARLIC SCAPES	●	●	○	○
GREEN GARLIC	○	○	○	●

**GREENS**

AGRETTI	●	○	○	○
ARTISAN MIX	◐	○	○	○
BABY ARUGULA	◐	○	○	○
BRAISING MIX	●	○	○	○
CASPER KALE	○	●	●	●

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**GREENS (CONT.)**

	MAR	APR	MAY	APR
COLLARD GREENS	○	○	○	○
DANDELION GREENS, BABY	○	○	○	●
DANDELION GREENS, RED	○	○	○	●
GREEN CHARD	◐	○	○	○
GREENS, BRAISING	○	○	●	●
KALE, LACINATO	○	○	○	○
KALE, RED	○	○	●	●
LOLLO ROSA	○	○	○	○
MEGA BLEND	◐	○	○	○
MIZUNA	○	○	○	○
RAINBOW CHARD	○	○	○	○
RED DRAGON RUCOLA	●	○	○	○
RED FRILL MUSTARD GREENS	○	●	●	●
RED LITTLE GEM LETTUCE	○	○	○	○
RED MUSTARD GREENS	◐	○	○	○
RED SNAPPER SPINACH	●	○	○	○
RUCOLA	○	○	○	○
SPINACH, BABY	○	○	○	○
SPINACH, BLOOMSDALE	○	○	●	●
SPRING MIX	◐	○	○	○
WATERCRESS, LIVING	◐	○	○	○

**LEAVES**

FAVA LEAVES	○	○	○	●
FIG LEAVES	●	●	○	○
NETTLES, STINGING (WILD)	○	○	●	●

**LETTUCE**

BABY MIXED	○	○	○	○
BUTTER, GREEN	○	○	○	○
BUTTER, RED	●	●	○	○
ICEBERG, RED	●	●	○	○
LITTLE GEM	○	○	○	○
MINERS	○	○	○	●
REINE DE GLACES	●	●	○	○
ROMAINE, GREEN	◐	◐	○	○
ROMAINE, RED	●	●	○	○
ROMAINE, SPECKLED	○	○	○	●

**MELONS**

CANARY	●	●	●	○
CANTALOUPE	◐	◐	◐	○
CASABA	●	●	●	○
CHARANTAIS	◐	◐	●	○

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**MELONS (CONT.)**

	MAR	APR	MAY	JUN
CRANE	●	●	●	○
GALIA	●	●	●	○
GODDESS	●	●	●	○
HONEYDEW	◐	◐	◐	○
HONEYDEW, PINK	●	●	●	○
PIEL DE SAPO	●	●	●	○
TOYBOX	●	●	●	○
WATERMELON, BLACKJACK	●	●	●	○
WATERMELON, SEEDLESS	◐	◐	◐	○
WATERMELON, YELLOW	●	●	●	○
WATERMELON, YELLOW DOLL	●	●	●	○

**MUSHROOMS**

BLACK TRUMPETS	◐	◐	●	●
CHANTERELLE	○	○	◐	◐
HEDGEHOG	◐	○	●	●
HEN OF THE WOOD	◐	◐	◐	◐
MOREL	○	○	○	◐
PORCINI	●	●	○	○

**ONIONS**

CIPOLLINI	◐	◐	◐	◐
LEEKs	○	○	○	○
LEEKs, BABY	○	○	○	○
RAMPS	●	◐	◐	●
RED SPRING	○	○	○	○
RED TORPEDO	●	●	●	○
RED TORPEDO, BABY	○	●	●	●
VIDALIA	●	●	◐	◐
WHITE SPRING	○	○	○	●

**PEAS**

ENGLISH	○	○	○	●
HONEY GOLD SNAP	○	○	○	●
PEA TENDRILS	○	○	○	●
PURPLE SNAP	○	○	○	●
PURPLE SNOW	○	○	○	●
STRINGLESS SNAP	◐	◐	○	○

**PEPPERS & CHILES**

BELL PEPPERS, PURPLE	●	●	●	○
CORNO DI TORO PEPPERS, RED & YELLOW	●	●	●	○
FLAMING FLARE CHILES	●	●	●	○
GYPSY, YELLOW	●	●	●	○
HABANERO	◐	◐	◐	◐

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**PEPPERS & CHILES (CONT.)**

	MAR	APR	MAY	APR
JIMMY NARDELO PEPPERS	●	●	●	○
LIPSTICK	●	●	●	○
PADRON PEPPERS	●	●	●	○
PASILLA	◐	◐	◐	◐
PIMIENTO PEPPERS	●	●	●	○
SHISHITO	◐	◐	○	○
SWEET MIXED PEPPERS	●	●	●	○

**POTATOES**

BINTJE	○	○	○	○
FINGERLING, BANANA	◐	◐	◐	◐
FINGERLING, FRENCH	◐	◐	◐	◐
GERMAN BUTTERBALL	○	◐	◐	◐
OKINAWA, SWEET POTATO	○	○	●	●
PURPLE PERUVIAN	◐	◐	◐	◐
RUBY CRESCENT	◐	◐	◐	◐
YELLOW FIN	●	●	○	○
YUKON GOLD	◐	◐	◐	◐

**RADISH**

BLACK SPANISH	○	○	○	○
DAIKON, PURPLE	○	○	○	○
EASTER EGG	○	○	○	○
FRENCH BREAKFAST	○	○	○	○
WATERMELON	○	○	○	○

**RHUBARB**

RHUBARB, FIELD	◐	◐	◐	◐
RHUBARB, HOT HOUSE	◐	●	●	●

**ROOTS**

BEETS, BABY GOLD	○	○	○	○
BEETS, BABY RED	○	○	○	○
BEETS, BABY, CHIOGGIA	○	○	○	○
BEETS, BADGER FLAME	◐	◐	◐	◐
BEETS, CHIOGGIA	◐	◐	◐	◐
BEETS, GOLD	○	○	○	◐
BEETS, RED	○	○	○	◐
BURDOCK ROOT	○	○	○	○
FENNEL	○	○	○	○
FENNEL, BABY	○	○	○	○
HORSERADISH ROOT	◐	◐	●	●
RUTABAGA	◐	◐	◐	◐
TURNIPS, BABY	○	○	○	○
TURNIPS, BABY SCARLET	○	○	○	○

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ROOTS (CONT.)	MAR	APR	MAY	JUN
TURNIPS, BABY WHITE	○	○	○	○
TURNIPS, HINONA KABU	○	●	●	●
TURNIPS, SCARLETT	○	○	○	○
<b>SPECIALTY</b>				
ALMONDS, GREEN	●	○	○	●
FIDDLEHEAD FERNS	⊘	⊘	●	●
HEARTS OF PALM	◐	◐	◐	◐
LYCHEES	●	●	◐	◐
SALSIFY	◐	◐	◐	●
TOMATILLOS	◐	◐	◐	◐
<b>SPROUTS</b>				
BEAN	○	○	○	○
CLOVER	○	○	○	○
DAIKON	○	○	○	○
PEA	○	○	○	○
SUNFLOWER	○	○	○	○
WHEAT GRASS	○	○	○	○
<b>STONE FRUIT</b>				
APRICOTS	●	●	○	○
APRICOTS, ROYAL BLENHEIM	●	●	●	○
APRIUMS	●	●	○	○
CHERRIES, BING	●	●	●	○
CHERRIES, CORAL CHAMPAGNE	●	●	○	○
CHERRIES, RAINIER	●	●	●	○
CHERRIES, SWEET, RED	●	●	○	○
CHERRIES, TIOGA	●	●	○	○
FLAVOR ROSA PLUOTS	●	●	○	○
NECTARINES	●	●	●	○
NECTARINES, ARCTIC ROSE	●	●	●	○
NECTARINES, WHITE	●	●	●	○
PEACHES, CONVENTIONAL	●	●	○	○
PEACHES, ELEGANT LADY	●	●	●	○
PEACHES, GOLD DUST	●	●	●	○
PEACHES, O' HENRY	●	●	●	○
PEACHES, RICH LADY	●	●	●	○
PEACHES, SUMMER SET	●	●	●	○
PEACHES, SUN CREST	●	●	●	○
PEACHES, WHITE	●	●	●	○
PEACHES, ZEE LADY	●	●	●	○
PLUMS, BLACK	●	●	●	○
PLUMS, RED	●	●	●	○

○ AVAILABLE FROM CA ⊘ AVAILABLE FROM THE US ◐ AVAILABLE FROM OUTSIDE THE US ● NOT AVAILABLE

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STONE FRUIT (CONT.)	MAR	APR	MAY	JUN
PLUOT, FLAVOR ROSA	●	●	●	○
<b>SUMMER SQUASH</b>				
COSTATA ROMANESCO	●	●	○	○
GOLD BAR ZUCCHINI	●	●	○	○
RONDE DE NICE SQUASH	●	●	○	○
SQUASH BLOSSOMS	○	○	○	○
STRAIGHT NECK SQUASH	◐	◐	○	○
SUNBURST SQUASH	○	○	○	○
TOYBOX SQUASH	●	●	○	○
ZUCCHINI	○	○	○	○
<b>TOMATOES</b>				
CAPRESE	●	●	●	○
EARLY GIRL	●	●	●	○
GOLDEN NUGGET	●	●	●	○
GREEN	◐	◐	◐	○
GREEN ZEBRA	●	●	●	○
LEMON BOY	●	●	●	○
MARVEL STRIPE	●	●	●	○
MIXED HEIRLOOMS	◐	◐	◐	○
ROMA	◐	◐	◐	○
SUN GOLD	◐	◐	◐	○
SWEET 100	◐	◐	◐	○
TOYBOX CHERRY	◐	◐	◐	◐
<b>TROPICALS</b>				
KIWI	○	○	◐	◐
KIWI, GOLD	●	●	◐	◐
LYCHEES	●	●	●	◐
MANGOES	◐	◐	◐	◐
MANGOES, MANILA	◐	◐	◐	◐
PAPAYA, STRAWBERRY	◐	◐	◐	◐
PASSION FRUIT	◐	◐	◐	◐
PINEAPPLES	◐	◐	◐	◐
STAR FRUIT	◐	◐	◐	◐
TAMARILLO, RED/GOLD	●	●	◐	◐
<b>WINTER SQUASH</b>				
BUTTERNUT	◐	◐	◐	◐
DELICATA	◐	◐	◐	◐
HONEYNUT	○	◐	◐	●
KOBOCHA	◐	◐	◐	◐
<b>YAMS</b>				
GARNET	○	○	○	○
JAPANESE SWEET	○	○	○	○

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