



GREENLEAF

SPRING SEASONAL GUIDE

— 2026 —

SOUTHERN CALIFORNIA

a  **chefswarehouse** *company*



GREENLEAF

OUR OUTSTANDING LOCAL FARMS



LOCAL FARMS

SEASONAL SOURCING
FROM TRUSTED LOCAL
GROWERS

SAN LUIS OBISPO COUNTY

2 PEAS IN A POD

Blossoms: Arugula, Radishes,
Cilantro, Broccoli
Broccolini
Brussels Sprouts, Green & Purple
Dried Beans: Coco, Cranberry,
Christmas, Lima, Cannellini
Kalettes

SANTA BARBARA COUNTY

BABE FARM

Baby Beets
Baby Fennel
Baby French Carrots
Baby Leeks
Baby Mixed Carrots
Baby Mixed Lettuce
Baby Purple Carrots
Baby Round Carrots
Baby Turnips
Blonde Frisee
Easter Egg Radishes
Fennel
French Breakfast Radishes
Little Gem Lettuce
Lollo Rosa
Parsley Root
Pink Rhone Lettuce
Red Buttercake Lettuce

VENTURA COUNTY

BEYLIK FAMILY FARMS

Beefsteak Tomatoes
Momotaro Tomatoes
Persian Cucumbers

VENTURA COUNTY

BROKAW RANCH

Hass Avocados

SAN BENITO COUNTY

COKE FARMS

Organic Baby Artichokes
Organic Baby Red Beets
Organic Black Spanish Radishes
Organic Broccoli Crowns
Organic Celery Root
Organic Cilantro
Organic Frisee
Organic Italian Parsley
Organic Leeks
Organic Meyer Lemons
Organic Purple Daikon
Organic Red Beets (sack)
Organic Snap Peas
Organic Spring Onions
Organic Strawberries
Organic Sunchokes
Organic Watermelon Radishes

RIVERSIDE COUNTY

COUNTY LINE HARVEST

Organic Baby Arugula
Organic Baby Mixed Lettuce
Organic Bloomsdale Spinach
Organic Casper Kale
Organic Frisee
Organic Lacinato Kale
Organic Little Gem Lettuce
Organic Lollo Rosa
Organic Radishes
Organic Red Dragon Rucolla
Organic Red Frill Mustard Greens
Organic Rucola
Organic Salad Mix
Organic Speckled Romaine
Organic Super Baby Mix
Organic Thumbelina Carrots
Organic Turnips

VENTURA COUNTY

CUYAMA ORCHARDS

Fuji Apples
Pink Lady Apples

FRESNO COUNTY

EVERGREEN FARMS

Bok Choy
Cilantro with Roots
Scallions
Spring Onions
Yu Choy

SANTA BARBARA COUNTY

FINLEY FARMS

Leeks
Organic Celery
Organic Gem Lettuce
Organic Salanova Lettuce
Organic Sprouting Broccoli
Pea Tendrils
Spring Onions

SANTA BARBARA COUNTY

FRECKER FARMS

Beets: Gold, Red, Candy
Brussels Sprouts
Mixed Salanova Lettuces
Rainbow Carrots
Rainbow Chard

SAN DIEGO COUNTY

GARCIA ORGANIC FARM

Organic Finger Limes
Organic Meyer Lemons
Organic Pixie Mandarins

SANTA BARBARA COUNTY

THE GARDEN OF

Lettuce Salanova Mixed
Organic Green Gem Lettuce
Organic Red Gem Lettuce

FRESNO COUNTY

HER PRODUCE

Bok Choy
Ginger
Green Tatsoi
Japanese Sweet Potatoes
Purple Asparagus
Purple Sweet Potatoes
Purple Tatsoi

SAN LUIS OBISPO COUNTY

J.G BERRY FARMS

Blackberries
Blueberries
Blueberries (Pink)
Golden Berries
Raspberries

SAN DIEGO COUNTY

JR ORGANIC FARMS

Organic Beets
Organic Broccolini
Organic Cabbage
Organic Cucumber
Organic Daikon
Organic Kale
Organic Lettuce
Organic Radishes
Organic Rainbow Chard
Organic Summer Squash
Organic Turnips

VENTURA COUNTY

KENTER CANYON FARM

Organic Arugula
Organic Baby Kale
Organic Chives
Organic Dill
Organic Mesclun Mix with Flowers
Organic Mesclun Mix with Herbs
Organic Rosemary
Organic Sage
Organic Thyme

RIVERSIDE COUNTY

LIMELIGHT GROVES

Organic Cara Cara Oranges
Organic Dragonfruit
Organic Hass Avocados
Organic Passion Fruit
Organic Pummelo
Organic Reed Avocados
Organic Ruby Grapefruit
Organic Shasta Gold Tangerines
Organic Tango Mandarins

VENTURA COUNTY

MCGRATH FAMILY FARMS

Arugula
Blossoms: Arugula, Radishes,
Cilantro, Broccoli
Broccoli
Cilantro
Pea Tendrils
Persian Cucumbers
Radishes

SANTA BARBARA COUNTY

MENDOZA FARMS

Asparagus
Broccoli
Broccolini
Cauliflower
Celery
Fennel
Strawberries

SANTA BARBARA COUNTY

MILLIKEN FAMILY FARMS

Japanese Sweet Potatoes
Kale
Onions: Red & White
Rainbow Chard

SAN DIEGO COUNTY

POLITO FARMS

Lemons
Murcott Mandarins
Navel Orange

SAN DIEGO COUNTY

SCHANER FARMS

Arugula
Baby Green Garlic
Cipollini Onions
Nettles
Shallots

SANTA BARBARA COUNTY

SUNRISE ORGANIC FARMS

Organic Green Butter Lettuce
Organic Green Gem Lettuce
Organic Green Leaf Lettuce
Organic Loose Mixed Carrots
Organic Mixed Salanova Lettuce
Organic Oaks
Organic Red Butter Lettuce
Organic Red Leaf Lettuce
Organic Reef Greens
Organic Romaine
Organic Rainbow Baby Carrots

VENTURA COUNTY

TAMAI FAMILY FARMS

Albion Strawberries
Broccoli
Candy Beets
Cauliflower
Collard Greens
Gold Beets
Green Dandelions
Long Stem Strawberries
Red Beets
Red Dandelions

SANTA BARBARA COUNTY

TUTTI FRUTTI FARMS

Organic English Peas
Organic Sugar Snap Peas
Organic Torpedo Onions
Organic Celery
Organic Fennel
Organic Snap Peas
Organic Spinach

SAN DIEGO COUNTY

VALDIVIA FARMS

Baby Heirloom Tomatoes
Heirloom Tomatoes
Red Vine Tomatoes
Spring Onions

KERN COUNTY

WEISER FAMILY FARMS

Artisan Radishes
Baby Nantes Carrots
Baby White Carrots
Bloomsdale Spinach
Broccoli Di Ciccio
Conical Cabbage
Honeydew Radishes
Purple Radishes
Sunchokes
Watermelon Radishes

RIVERSIDE COUNTY

WONG FARMS

Jalapeno Peppers
Sungold Tomatoes
Sweet 100 Tomatoes



SPRING SEASONAL ITEMS



APRICOTS

While apricots reach their peak in early summer, late spring in California sees the first of these golden fruits. Spring apricots are a treat, often smaller but intensely flavored, perfect for enjoying fresh or lightly grilled.



GREEN GARLIC

Green garlic is a true spring delicacy in California, available from late winter through spring. This young, mild garlic is harvested before the bulbs fully mature and offers a subtle, fresh garlic flavor. Its brief season makes it a prized ingredient in spring dishes.



ARTICHOKES

Spring is prime artichoke season in California. From March through May, you'll find an abundance of these edible thistles, with the prized Castroville artichokes at their peak. Spring artichokes are particularly tender and flavorful, ideal for simple preparations that let their unique taste shine.



PEAS

Spring is the prime season for fresh peas in California. From March through May, you'll find sweet English peas, crisp sugar snap peas, and delicate snow peas at their peak. Spring peas are sweeter and more tender than at any other time of year, making them a true seasonal treat.



ASPARAGUS

Asparagus is the quintessential spring vegetable in California. The season kicks off in February and reaches its peak in April. Spring asparagus is notably tender and sweet, with thin, delicate spears that require minimal cooking. Pairs wonderfully with lemon, butter, or hollandaise sauce.



RADISHES

Spring radishes in California are notably crisp and flavorful. While available year-round, spring sees an abundance of varieties, from classic red globe radishes to watermelon radishes. Their peppery flavor is particularly vibrant in the cool spring months.



AVOCADOS

While available year-round, California avocados are at their best from spring through summer. The Hass variety, which dominates California production, starts to come into season in spring. Spring avocados tend to have a rich, creamy texture and nutty flavor, perfect for guacamole or avocado toast.



STRAWBERRIES

Strawberry season in California begins in spring, with the first berries appearing as early as February in some coastal areas. However, April to May is when strawberries reach their peak of flavor and abundance. Spring strawberries are often smaller but more intensely flavored than their summer counterparts, making them perfect for desserts or enjoying fresh.



CHERRIES

Late spring marks the beginning of cherry season in California. Usually starting in May, the season is short but sweet. Early varieties like Brooks and Tulare cherries are the first to appear, offering a preview of the summer bounty to come. Spring cherries are often slightly tart but incredibly fresh and crisp.





	MAR	APR	MAY	JUN
APPLES				
FUJI	⊗	⊗	⊗	⊗
GALA	⊗	⊗	⊗	⊗
GRANNY SMITH	⊗	⊗	⊗	⊗
OPAL	⊗	●	●	●
PINK LADY	⊗	⊗	⊗	⊗
RED DELICIOUS	⊗	⊗	⊗	⊗
ARTICHOKES				
ARTICHOKES	○	○	○	⊗
ARTICHOKES, LOOSE, SMALL	○	○	○	○
CARDOON	○	●	●	●
SUNCHOKES	○	●	●	●
ASPARAGUS				
GREEN	○	○	○	○
PURPLE	●	○	○	●
WHITE	◐	◐	◐	◐
AVOCADOS				
AVOCADOS	○	○	○	○
BEANS				
BABY LIMA BEANS	●	●	○	○
BLUE LAKE	◐	◐	◐	○
CANNELINI	●	●	●	○
CRANBERRY	●	●	●	○
FAVA	◐	◐	○	○
FLAGOLET	●	●	○	○
FRENCH	●	●	●	○
PURPLE BEANS	●	●	○	○
ROMANO	●	●	○	○
BERRIES				
BLACKBERRIES	◐	◐	◐	◐
BLUEBERRIES	◐	◐	○	○
GOOSEBERRIES	◐	◐	◐	⊗
MULBERRIES	●	●	●	○
OLALLIEBERRIES	●	●	●	○
RASPBERRIES	◐	◐	◐	○
RASPBERRIES, BLACK	●	●	●	○
RASPBERRIES, GOLDEN	●	●	●	○
STRAWBERRIES	◐	○	○	○
BROCCOLI				
BROCCOLI RABE	○	○	●	●
BROCCOLI ROMANESCO	⊗	○	○	○
BROCCOLI, ITALIAN SPROUTING	○	●	●	●

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BROCCOLI (CONT.)

	MAR	APR	MAY	JUN
GAI LAN	○	○	○	○
SWEET BABY BROCCOLI	○	○	○	○
SWEET BABY, PURPLE	○	○	○	○

CABBAGE

BRUSSELS SPROUTS	◐	◐	◐	◐
CONICAL	○	●	●	●
GREEN	○	○	○	○
KOHLRABI, GREEN/PURPLE	○	○	●	●
NAPA	○	○	○	○
RED	○	○	○	○

CARROTS

CARROTS, BABY, ROUND	○	○	○	◐
NANTES	○	○	○	○

CAULIFLOWER

CAULIFLOWER	◐	○	○	○
FLORENTINO	○	○	○	○
SWEET BABY CAULIFLOWER	◐	○	○	○

CHICORIES

CASTELFRANCO	○	○	○	○
CASTELFRANCO, ORGANIC	○	●	●	●
ENDIVE	○	○	○	○
ESCAROLE	○	○	○	○
ESCAROLE, ORGANIC	○	○	○	●
FRISSE, BLONDE	○	○	○	○
FRISSE, ORGANIC	○	○	●	●
MIXED ORGANIC	○	○	●	●
RADICCHIO	○	○	○	○
TREVISO	○	○	○	○

CITRUS

BERGAMOTS	○	○	○	●
GRAPEFRUIT, COCKTAIL	○	●	●	●
GRAPEFRUIT, RIO STAR	◐	◐	●	○
KUMQUAT	○	○	○	●
LEMON, MEYER	○	○	○	●
LIME, KEY	◐	◐	◐	◐
LIMEQUAT	○	◐	◐	◐
MANDARIN, MURCOTT	○	○	○	●
MANDARINS, PIXIE	○	○	○	●
ORANGES, BLOOD	○	○	○	●
ORANGES, CARA CARA	○	○	○	●
ORANGES, JUICING	○	○	○	◐

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ORANGES (CONT.)	MAR	APR	MAY	JUN
ORANGES, NAVEL	○	○	●	●
ORANGES, VALENCIA	●	●	○	○
TANGELOS, MINNEOLA	○	○	●	●
TANGERINES, DAISY	○	●	●	●
TANGERINES, FAIRCHILD	●	●	●	○
CORN				
BI-COLOR	●	●	●	○
WHITE	◐	○	○	○
YELLOW	◐	◐	◐	○
CUCUMBER				
ENGLISH	◐	○	○	○
JAPANESE	●	●	●	○
LEMON	●	●	●	○
PAINTED SERPENT	●	●	●	○
PERSIAN	◐	◐	◐	◐
DATES				
DATES, BARHI (DRY CROP)	○	○	○	○
DATES, MEDJOOL	○	○	○	○
EGGPLANT				
CHINESE	◐	○	○	○
GLOBE	◐	○	○	○
GREEN THAI	◐	○	○	○
INDIAN	◐	○	○	○
ITALIAN	◐	○	○	○
JAPANESE	◐	○	○	○
WHITE PALOMA	●	●	●	○
FIGS				
ADRIATIC	●	●	●	○
BLACK MISSION	●	●	○	○
BROWN TURKEY	●	●	●	○
GARLIC				
ELEPHANT	○	○	○	○
GARLIC	○	○	○	○
GARLIC SCAPES	●	●	○	○
GREEN GARLIC	○	○	○	●
GREENS				
AGRETTI	●	○	○	○
ARTISAN MIX	◐	○	○	○
BABY ARUGULA	◐	○	○	○
BRAISING MIX	●	○	○	○
CASPER KALE	○	●	●	●

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GREENS (CONT.)

	MAR	APR	MAY	APR
COLLARD GREENS	○	○	○	○
DANDELION GREENS, BABY	○	○	○	●
DANDELION GREENS, RED	○	○	○	●
GREEN CHARD	◐	○	○	○
GREENS, BRAISING	○	○	●	●
KALE, LACINATO	○	○	○	○
KALE, RED	○	○	●	●
LOLLO ROSA	○	○	○	○
MEGA BLEND	◐	○	○	○
MIZUNA	○	○	○	○
RAINBOW CHARD	○	○	○	○
RED DRAGON RUCOLA	●	○	○	○
RED FRILL MUSTARD GREENS	○	●	●	●
RED LITTLE GEM LETTUCE	○	○	○	○
RED MUSTARD GREENS	◐	○	○	○
RED SNAPPER SPINACH	●	○	○	○
RUCOLA	○	○	○	○
SPINACH, BABY	○	○	○	○
SPINACH, BLOOMSDALE	○	○	●	●
SPRING MIX	◐	○	○	○
WATERCRESS, LIVING	◐	○	○	○

LEAVES

FAVA LEAVES	○	○	○	●
FIG LEAVES	●	●	○	○
NETTLES, STINGING (WILD)	○	○	●	●

LETTUCE

BABY MIXED	○	○	○	○
BUTTER, GREEN	○	○	○	○
BUTTER, RED	●	●	○	○
ICEBERG, RED	●	●	○	○
LITTLE GEM	○	○	○	○
MINERS	○	○	○	●
REINE DE GLACES	●	●	○	○
ROMAINE, GREEN	◐	◐	○	○
ROMAINE, RED	●	●	○	○
ROMAINE, SPECKLED	○	○	○	●

MELONS

CANARY	●	●	●	○
CANTALOUPE	◐	◐	◐	○
CASABA	●	●	●	○
CHARANTAIS	◐	◐	●	○

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MELONS (CONT.)

	MAR	APR	MAY	JUN
CRANE	●	●	●	○
GALIA	●	●	●	○
GODDESS	●	●	●	○
HONEYDEW	◐	◐	◐	○
HONEYDEW, PINK	●	●	●	○
PIEL DE SAPO	●	●	●	○
TOYBOX	●	●	●	○
WATERMELON, BLACKJACK	●	●	●	○
WATERMELON, SEEDLESS	◐	◐	◐	○
WATERMELON, YELLOW	●	●	●	○
WATERMELON, YELLOW DOLL	●	●	●	○

MUSHROOMS

BLACK TRUMPETS	◐	◐	●	●
CHANTERELLE	○	○	◐	◐
HEDGEHOG	◐	○	●	●
HEN OF THE WOOD	◐	◐	◐	◐
MOREL	○	○	○	◐
PORCINI	●	●	○	○

ONIONS

CIPOLLINI	◐	◐	◐	◐
LEEKs	○	○	○	○
LEEKs, BABY	○	○	○	○
RAMPS	●	◐	◐	●
RED SPRING	○	○	○	○
RED TORPEDO	●	●	●	○
RED TORPEDO, BABY	○	●	●	●
VIDALIA	●	●	◐	◐
WHITE SPRING	○	○	○	●

PEAS

ENGLISH	○	○	○	●
HONEY GOLD SNAP	○	○	○	●
PEA TENDRILS	○	○	○	●
PURPLE SNAP	○	○	○	●
PURPLE SNOW	○	○	○	●
STRINGLESS SNAP	◐	◐	○	○

PEPPERS & CHILES

BELL PEPPERS, PURPLE	●	●	●	○
CORNO DI TORO PEPPERS, RED & YELLOW	●	●	●	○
FLAMING FLARE CHILES	●	●	●	○
GYPSY, YELLOW	●	●	●	○
HABANERO	◐	◐	◐	◐

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PEPPERS & CHILES (CONT.)

	MAR	APR	MAY	APR
JIMMY NARDELO PEPPERS	●	●	●	○
LIPSTICK	●	●	●	○
PADRON PEPPERS	●	●	●	○
PASILLA	◐	◐	◐	◐
PIMIENTO PEPPERS	●	●	●	○
SHISHITO	◐	◐	○	○
SWEET MIXED PEPPERS	●	●	●	○

POTATOES

BINTJE	○	○	○	○
FINGERLING, BANANA	◐	◐	◐	◐
FINGERLING, FRENCH	◐	◐	◐	◐
GERMAN BUTTERBALL	○	◐	◐	◐
OKINAWA, SWEET POTATO	○	○	●	●
PURPLE PERUVIAN	◐	◐	◐	◐
RUBY CRESCENT	◐	◐	◐	◐
YELLOW FIN	●	●	○	○
YUKON GOLD	◐	◐	◐	◐

RADISH

BLACK SPANISH	○	○	○	○
DAIKON, PURPLE	○	○	○	○
EASTER EGG	○	○	○	○
FRENCH BREAKFAST	○	○	○	○
WATERMELON	○	○	○	○

RHUBARB

RHUBARB, FIELD	◐	◐	◐	◐
RHUBARB, HOT HOUSE	◐	●	●	●

ROOTS

BEETS, BABY GOLD	○	○	○	○
BEETS, BABY RED	○	○	○	○
BEETS, BABY, CHIOGGIA	○	○	○	○
BEETS, BADGER FLAME	◐	◐	◐	◐
BEETS, CHIOGGIA	◐	◐	◐	◐
BEETS, GOLD	○	○	○	◐
BEETS, RED	○	○	○	◐
BURDOCK ROOT	○	○	○	○
FENNEL	○	○	○	○
FENNEL, BABY	○	○	○	○
HORSERADISH ROOT	◐	◐	●	●
RUTABAGA	◐	◐	◐	◐
TURNIPS, BABY	○	○	○	○
TURNIPS, BABY SCARLET	○	○	○	○

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ROOTS (CONT.)	MAR	APR	MAY	JUN
TURNIPS, BABY WHITE	○	○	○	○
TURNIPS, HINONA KABU	○	●	●	●
TURNIPS, SCARLETT	○	○	○	○
SPECIALTY				
ALMONDS, GREEN	●	○	○	●
FIDDLEHEAD FERNS	⦿	⦿	●	●
HEARTS OF PALM	◐	◐	◐	◐
LYCHEES	●	●	◐	◐
SALSIFY	◐	◐	◐	●
TOMATILLOS	◐	◐	◐	◐
SPROUTS				
BEAN	○	○	○	○
CLOVER	○	○	○	○
DAIKON	○	○	○	○
PEA	○	○	○	○
SUNFLOWER	○	○	○	○
WHEAT GRASS	○	○	○	○
STONE FRUIT				
APRICOTS	●	●	○	○
APRICOTS, ROYAL BLENHEIM	●	●	●	○
APRIUMS	●	●	○	○
CHERRIES, BING	●	●	●	○
CHERRIES, CORAL CHAMPAGNE	●	●	○	○
CHERRIES, RAINIER	●	●	●	○
CHERRIES, SWEET, RED	●	●	○	○
CHERRIES, TIOGA	●	●	○	○
FLAVOR ROSA PLUOTS	●	●	○	○
NECTARINES	●	●	●	○
NECTARINES, ARCTIC ROSE	●	●	●	○
NECTARINES, WHITE	●	●	●	○
PEACHES, CONVENTIONAL	●	●	○	○
PEACHES, ELEGANT LADY	●	●	●	○
PEACHES, GOLD DUST	●	●	●	○
PEACHES, O' HENRY	●	●	●	○
PEACHES, RICH LADY	●	●	●	○
PEACHES, SUMMER SET	●	●	●	○
PEACHES, SUN CREST	●	●	●	○
PEACHES, WHITE	●	●	●	○
PEACHES, ZEE LADY	●	●	●	○
PLUMS, BLACK	●	●	●	○
PLUMS, RED	●	●	●	○

○ AVAILABLE FROM CA ⦿ AVAILABLE FROM THE US ◐ AVAILABLE FROM OUTSIDE THE US ● NOT AVAILABLE

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	MAR	APR	MAY	JUN
STONE FRUIT (CONT.)				
PLUOT, FLAVOR ROSA	●	●	●	○
SUMMER SQUASH				
COSTATA ROMANESCO	●	●	○	○
GOLD BAR ZUCCHINI	●	●	○	○
RONDE DE NICE SQUASH	●	●	○	○
SQUASH BLOSSOMS	○	○	○	○
STRAIGHT NECK SQUASH	◐	◐	○	○
SUNBURST SQUASH	○	○	○	○
TOYBOX SQUASH	●	●	○	○
ZUCCHINI	○	○	○	○
TOMATOES				
CAPRESE	●	●	●	○
EARLY GIRL	●	●	●	○
GOLDEN NUGGET	●	●	●	○
GREEN	◐	◐	◐	○
GREEN ZEBRA	●	●	●	○
LEMON BOY	●	●	●	○
MARVEL STRIPE	●	●	●	○
MIXED HEIRLOOMS	◐	◐	◐	○
ROMA	◐	◐	◐	○
SUN GOLD	◐	◐	◐	○
SWEET 100	◐	◐	◐	○
TOYBOX CHERRY	◐	◐	◐	◐
TROPICALS				
KIWI	○	○	◐	◐
KIWI, GOLD	●	●	◐	◐
LYCHEES	●	●	●	◐
MANGOES	◐	◐	◐	◐
MANGOES, MANILA	◐	◐	◐	◐
PAPAYA, STRAWBERRY	◐	◐	◐	◐
PASSION FRUIT	◐	◐	◐	◐
PINEAPPLES	◐	◐	◐	◐
STAR FRUIT	◐	◐	◐	◐
TAMARILLO, RED/GOLD	●	●	◐	◐
WINTER SQUASH				
BUTTERNUT	◐	◐	◐	◐
DELICATA	◐	◐	◐	◐
HONEYNUT	○	◐	◐	●
KOBOCHA	◐	◐	◐	◐
YAMS				
GARNET	○	○	○	○
JAPANESE SWEET	○	○	○	○

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