

Top Menu Picks



Fall in Northern California offers a cornucopia of peak-season produce, perfect for crafting innovative, locally-sourced menus. Orchards burst with crisp apples and juicy pears, while vineyards yield their last sweet grapes. Unique fruits like pomegranates and persimmons add a nice flair to autumnal dishes.

The vegetable harvest is equally impressive, with an array of squash varieties taking center stage alongside earthy root vegetables like carrots and beets. Cool-weather crops such as kale, brussels sprouts, and other brassicas thrive, offering robust flavors and textures.

This diverse bounty provides endless inspiration for creating seasonal plates that truly capture the essence of Northern California's fall harvest.

Fruits:

- Apples
- Cranberries
- Figs
- Grapes
- Melons
- Pears
- Persimmons
- Plums
- Pomegranates

Vegetables:

- Broccoli
- Brussels Sprouts
- Carrots
- Cauliflower
- Chicories
- Braising Greens
- Peppers
- Potatoes
- Pumpkins
- Root Vegetables
- Winter Squash



a chefswarehouse company

Our Outstanding Local Farms



Local Farms

BABE FARMS

Santa Barbara, CA

- Baby Beets
- Baby French Carrots
- Baby Mixed Carrots
- Baby Fennel
- Baby Leeks
- Baby Lolla Rosa Lettuce
- Baby Head Lettuces Mixed
- Baby Green Oak Lettuce
- Baby Red Oak Lettuce
- Baby Turnips
- Easter Egg Radishes
- French Breakfast Radishes
- Little Gem Lettuce
- Parsley Root
- Pink Rhone Lettuce

CABRILLO FARMS

San Mateo County, CA

Brussels Sprouts

CAPAY ORGANICS

Yolo County, CA

- Organic Chards
- Organic Candy Stripe Figs
- Organic Kumquats
- Organic Lacinato Kale
- Organic Satsuma Mandarins
- Organic Sugar Pie Pumpkins
- Organic Butternut Squash
- Organic Delicata Squash

COKE FARM

Monterey County, CA

- Organic Beets
- Organic Braising Greens
- Organic Broccoli Crowns
- Organic Celery
- Organic Celery Root
- Organic Escarole
- Organic Frisee
- Organic Heirloom Tomatoes
- Organic Onions
- Organic Watermelon Radishes
- Organic Spanish Radishes
- Organic Toybox Cherry Tomatoes

COMANCHE CREEK FARMS

Butte County, CA

- Organic Chiles
- Organic Cucumbers
- Organic Figs
- Organic Kumquats
- Organic Peppers
- Organic Persimmons: Fuyu, Hachiya, Chocolate
- Organic Sugar Pie Pumpkins
- Organic Squash: Delicata, Honeynut, Butternut, Red Kuri
- Organic Tomatoes: Cherry, Heirlooms

FIELD FRESH FARM

Monterey County, CA

- Arugula
- Baby Spinach
- Spring Mix

FRESH ORIGINS

San Diego County, CA

- Specialty Micro Greens
- Petite Micro Greens

FULL BELLY FARM

Yolo County, CA

- Organic Carrots
- Organic Leeks
- Organic Melons
- Organic Mizuna
- Organic Mustard Greens
- Organic Potatoes
- Organic Red Russian Kale
- Organic Turnips
- Organic Wheat Berries

FROG HOLLOW

Contra Costa County, CA

- Organic Pears
- Organic Plums
- Organic Pluots

Local Farms

GOLDBUD FARM

El Dorado, CA

- Apples: Braeburn,
 Fuji, Granny Smith
- Wine Grapes

IACOPI FARM

Half Moon Bay, CA

- Cranberry Beans
- Italian Butter Beans
- Dried Gigante Beans

JACOBS FARM

San Mateo County, CA

- Organic Flowers
- Organic Herbs
- Organic Tomatoes

KNOLL FARMS

Contra Costa County, CA

- Organic Cardoon Stalks
- Organic Figs
- Organic Herbs
- Organic Italian/French Prune Plums

LAKESIDE ORGANIC GARDENS

Monterey County, CA

- Organic Broccoli
- Organic Cauliflower
- Organic Celery
- Organic Cucumbers
- Organic Leeks
- Organic Bell Peppers
- Organic Celery Root

NEW NATIVES

Santa Cruz County, CA

- Organic Pea Sprouts
- Organic Sunflower Sprouts
- Organic Wheat Grass

RATTO BROS

San Joaquin County, CA

- Beets
- Green Chard
- Rainbow Chard
- Collard Greens
- Dandelion Greens
- Kale
- Kohlrabi
- Leeks
- Curly Mustard Greens

RIVERDOG FARMS

Monterey County, CA

- Organic Arugula
- Organic Red & Green Cabbage
- Organic Eggplants
- Organic Greens
- Organic Leeks
- Organic Peppers
- Organic Summer Squash
- Organic Tomatoes

Fall Seasonal Items

APPLES

Northern California's fall season brings an abundance of apples, with varieties like Fuji, Gala, and Granny Smith reaching their peak. Their crisp texture and balanced sweetness make them perfect for both sweet and savory dishes, from classic apple pies to fresh salads and roasted pork accompaniments.

BROCCOLI

Thriving in the cooler fall temperatures, broccoli is at its peak from October through early winter. Its robust flavor and versatility make it a staple for steaming, roasting, or incorporating into soups and casseroles.

BRUSSELS SPROUTS

Best from late fall through winter, Brussels sprouts develop a sweeter flavor after the first frost. Roast them to bring out their natural caramelization, or shave them raw into salads for a crunchy addition.

GRAPES

Table grapes are plentiful through October. Their natural sweetness and firm texture make them ideal for fresh applications, such as salads, and cheese boards, or for creating house-made jams and sauces.

KALE

This leafy green thrives in the cooler weather of fall and winter, providing a hearty, nutrient-dense ingredient. Use kale in salads, sautés, or as a base for braising greens, taking advantage of its robust flavor and versatility in the kitchen.

PEARS

Bartlett, Bosc, and Comice pears are at their juiciest and most flavorful during the fall. Their delicate sweetness and buttery texture lend themselves beautifully to desserts, cheese pairings, and poached pear dishes, providing a versatile ingredient for autumn menus.

PERSIMMONS

Fuyu, Hachiya, and Chocolate persimmons are at their best from October through December. Fuyus can be eaten raw, adding a sweet, crisp element to salads. Hachiyas, when fully ripe, are perfect for baking into cakes, breads, and puddings. Chocolate persimmons offer a unique sweet flavor and custard-like texture for both fresh eating and desserts.

POMEGRANATES

Pomegranates, peaking from September through November, offer vibrant, jewel-like seeds that add a burst of tart flavor and a visual pop to dishes. Use them to garnish salads, enhance sauces, or create a refreshing beverages and desserts.

ROOT VEGETABLES

Fall is prime time for an array of root vegetables in Northern California. Carrots, turnips, and beets reach their peak during this season, developing sweeter flavors as temperatures cool. These versatile vegetables shine in roasts, purees, and hearty stews. Their earthy flavors and vibrant colors (especially in varieties like rainbow carrots or golden beets) add depth and visual appeal to autumn menus.

SQUASH

Various types of squash, including butternut and pumpkins, are at their peak during the fall months. Their rich, sweet flesh is perfect for soups, purees, and roasted vegetable medleys, adding depth and warmth to autumn dishes.



APPLES	SEPT	ост	NOV	DEC		
BRAEBURN	0	0	0			
CRAB	0	0	0	0		
FAMUSE	0	0	0			
FANCY FUJI	0	0	0			
FUJI	0	0	0	0		
GALA	0	0	0	0		
GRANNY SMITH	0	0	0			
HIDDEN ROSE	0	0	0	0		
JONAGOLD	0	0	0			
JONATHAN	0	0	0			
KING OF TOMPKINS	0	0	0			
LADY		0	0	0		
LUCY GLO	\oplus	\oplus				
MODI	0	0	0			
OPAL	0	0	0	0		
PINK LADY	0	0	0	0		
RED DELICIOUS	\oplus	\oplus		•		
RED FUJI	0	0	0			
RED ROME			•	•		
RHODE ISLAND						
GREENING	0	0	0			
ROME	0	0				
ROXBURY RUSSET	0	0	0			
ROYAL GALA	0	0	0			
SIERRA BEAUTY		0	0	0		
SPITZENBERG	0	0	0			
ARTICHOKES						
ARTICHOKES	0	0	0	•		
CARDOON	0	0	0	0		
LOOSE, SMALL	0	0	0	0		
SUNCHOKES	•	•	•	0		
ASPARAGUS						
ASPARAGUS, WHITE	•	•	•	•		
AVOCADO						
AVOCADO	•	•				
O:Available from CA						



BEANS	SEPT	ост	NOV	DEC
BLUE LAKE	•	•	•	•
CANNELINI	0	0		
CRANBERRY	0	0		
FAVA	0	0		
FRENCH	0	0		
ROMANO	0	0		
PURPLE BEANS	0	0		
BABY LIMA BEANS	0	0		
FLAGOLET	0	0		
BERRIES				
BLACKBERRIES	0	•	•	•
BLUEBERRIES	•	•		
CRANBERRIES	0	0	0	\bigcirc
HUCKLEBERRIES	•	•	•	
RASPBERRIES	0	0		
STRAWBERRIES	0	0	0	0
STRAWBERRIES, ORGANIC	: 0		•	
BROCCOLI				
BABY, SWEET	0	0	0	0
CHINESE (GAI LAN)	0	0	0	0
DI CICCIO	0	0	0	0
ITALIAN SPROUTING			0	0
RAAB	0	0	0	0
RAAB, BABY	0	0	0	0
ROMANESQUE		0	0	0
FLORETS, PURPLE	0	0	0	0
CABBAGE				
BRUSSELS SPROUTS		0	0	0
CONICAL	0	0	0	0
KOHLRABI, GREEN/PURPLE			0	0 0 0
GREEN	•	\oplus	0	0
NAPA	•	\oplus	0	0
RED		\oplus	0	0
CARROTS				
BABY, ROUND	•	•	0	0



CARROTS (CONT'D)	SEPT	ост	NOV	DEC
NANTES	0	0	0	0
CAULIFLOWER				
CAULIFLOWER	\circ	\circ	0	\blacksquare
FLORENTINO	0	0	0	0
SWEET BABY	0	0	0	0
CHICORIES				
CASTELFRANCO	0	0	0	0
CUT ITALIAN	0	0	0	0 0 0 0 0 0 0 0
CHIOGGIA VARIEGATA	0	0	0	0
ENDIVE	0	0	0	0
ESCAROLE	0	0	0	0
INDIVIA RICCIA	0	0	0	0
PAN DI ZUCCERHO	0	0	0	0
PUNTARELLE			0	0
MIXED	0	0	0	0
RADDICHIO, BABY MIXED	•	0	0	0
RADDICHIO, TARDIVO	0	0	0	0
RADDICHIO, TREVISO	0	0	•	
CITRUS				
BUDDHA'S HANDS			0	0
GRAPEFRUIT, COCKTAIL			•	0
GRAPEFRUIT, INDIAN RIVE	₽R∰	•		•
GRAPEFRUIT, ORO BLANC	0			0
GRAPEFRUIT, RIO STAR	0	0		•
KUMQUAT		•	0	0
LEMON, MEYER	0	0	0	0
LIME, KEY	•	•	•	<u> </u>
LIMEQUAT	•	•	0	0
LIMES, MAKRUT			0	
MANDARIN, LEE			0	0
MANDARIN, PAGE			0	0
MANDARIN, SATSUMA			0	0
ORANGES, BLOOD, MORO	0	0	0	0
ORANGES, CARA CARA				0 0 0 0
ORANGES, JUICING	•	•	•	•



CITRU	JS (CONT'D)	SEPT	ост	NOV	DEC
	ORANGES, NAVEL			0	0
	ORANGES, SEVILLE				0
	ORANGES, VALENCIA	0	0	0	0
	POMELO			0	0 0 0 0 0 0
	TANGERINES, FAIRCHILD	0	0	0	0
	TANGERINES, FALLGLO		0	0	\blacksquare
	TANGERINES, FREMONT		•	•	0
	TANGERINES, SUNBURST		0	0	0
	YUZU		•	0	0
CORN					
	BI-COLOR	0	0	0	0
	WHITE	0	0	0	0
	YELLOW	0	0	0	0
CUCU	MBER				
	ENGLISH	0	0	0	•
	JAPANESE	0	•	•	
	LEMON	0	0	0	<u> </u>
	PERSIAN	•	•	•	•
DATE	S				
	BARHI (FRESH CROP)	0	0	0	0
	BARHI (DRY CROP)	0	0	0	0
	MEDJOOL	0	0	0	0
EGGP	LANT				
	CHINESE	0	0	•	•
	GLOBE	0	0	•	•
	GREEN THAI	0	0	•	
	INDIAN	0	0	•	•
	ITALIAN	0	0	•	•
	JAPANESE	0	0	•	•
	MIXED ORGANIC	0	0		
	ROSA BIANCA	0	0		
FIGS					
	ADRIATIC	0	0	•	
	BLACK MISSION	0	0	•	
	BROWN TURKEY	0	0	•	



FIGS	(CONT'D)	SEPT	ост	NOV	DEC
	CANDY STRIPE	0			
	KADOTA	0			
GARL	IC				
	BLACK	0	0	0	0
	CONVENTIONAL	0	0	0	0
	ELEPHANT	0	0	0	0
	GREEN	0	0	0	
GRAP	ES				
	CHARDONNAY	0	0	•	
	CONCORD	0	0	•	
	GAWURTZTRAMINER	0	0		
	MUSCAT	0	0		
	PEONY	0			
	SYRAH	0	0		
	ZANTE	0			
GREE	NS				
	AGRETTI	0	0		
	ARTISAN MIX	0	0	\blacksquare	\blacksquare
	BABY ARUGULA	0	0	•	
	BRAISING MIX	0	0		
	CASPER KALE	0	0		
	COLLARD GREENS	0	0		
	COLLARD GREENS	0	0		
	GREEN CHARD	0	0	0	0
	GREENS, BRAISING			0	0
	KALE, LACINATO	0	0	0	0
	KALE, RED			0	0
	LOLLO ROSA	0	0		
	MEGA BLEND	0	0	•	0
	MIZUNA	0	0	0	0
	RAINBOW CHARD	0	0	0	0
	RED DRAGON RUCOLA				
	RED FRILL MUSTARD				_
	GREENS			0	0
	RED LITTLE GEM LETTUCE	0	0	•	



GREE	NS (CONT'D)	SEPT	ост	NOV	DEC
	RED MUSTARD GREENS	0	0	•	\blacksquare
	RED SNAPPER SPINACH	0	0		
	RUCOLA	0	0		
	SPINACH, BABY	0	0	•	lacktriangle
	SPINACH, BLOOMSDALE	0	0	0	0
	SPRING MIX	0	0	•	\bigcirc
LEAV	ES				
	WATERCRESS, LIVING	0	0	0	
LEEKS	5				
	LEEKS	0	0	0	0
	LEEKS, BABY	0	0	0	0
LETT	JCE				
	BABY MIX	0	0	0	•
	ICEBERG, RED	0	0	0	
	BIBB, GREEN	0	0	•	
	ROMAINE, GREEN	0	0	0	
	LITTLE GEM	0	0	0	
	BUTTER, RED	0	0		•
	ROMAINE, RED	0	0	•	•
	ROMAINE, SPECKLED	0	0		
	REINE DE GLACES	0			
MELO	NS				
	AMBROSIA	0			•
	CANARY	0	•	•	•
	CANTALOPE	0	0		•
	CASABA	0	•	•	
	CHARENTAIS	0	0	•	
	CRANE	0	•	•	
	CRENSHAW	0	•	•	•
	GODDESS	0	0	•	•
	HONEYDEW	0	0	•	•
	HONEYDEW, PINK	0			
	SHARLYN	0	0		• • • • • •
	TOYBOX	0	0		
	WATERMELON, BLACKJAC	к О			



MELO	NS (CONT'D)	SEPT	ост	NOV	DEC
	WATERMELON, ORANGE	0			
	WATERMELON, SEEDLESS	0	0		•
	WATERMELON,				
	YELLOW DOLL	0			
MUSH	IROOMS				
	BLACK CHANTARELLE	•			•
	BLACK TRUMPETS	•			•
	CHANTARELLE	lacktriangle	•	•	\blacksquare
	HEDGEHOG	0	0	0	0
	HEN OF THE WOOD	\blacksquare	•	•	\blacksquare
	LOBSTER	\blacksquare	•		
	MATSUTAKE	\blacksquare	•		
PEAR	S				
	ASIAN, HOSUI	0	0	0	0
	ASIAN, SHINKO	0	0	0	0
	BARTLETT	0	0	•	
	CACTUS	•	•	•	•
	COMICE	0	0	0	0
	D'ANJOU	lacktriangle	•	•	
	FORELLE	lacktriangle	•	•	•
	FRENCH BUTTER	\blacksquare	•		
	SECKELS	\blacksquare	•	•	•
	WARREN	0	0		
PEAS					
	PURPLE	0	0		•
	STRINGLESS SNAP	0	0	0	\blacksquare
	HONEY GOLD SNAP	0	0	•	
	PURPLE SNOW	0	0		•
PEPP	ERS				
	BELL PURPLE	0	0	•	
	CAROLINA REAPER CHILES	; O	0	0	•
	CHOCOLATE HABENEROS	0	0	0	•
	CORNO DI TORO	0	0		•
	CORNO DI TORO RED	0	0		•
	CORNO DI TORO YELLOW	0	0	•	
_	Available from CA		Outoido - CII	IIC A.NI.A	



PEPPERS (CONT'D)	SEPT	ОСТ	NOV	DEC
FLAMING FLARE CHILES	0	0	•	
GHOST	0	0	0	
GYPSY	0	0		
GYPSY, RED	0	0		
GYPSY, YELLOW	0	0		
HABANERO	•	•	•	•
JIMMY NARDELO PEPPERS	s O	0		
LIPSTICK	0	0		
MIXED GYPSY	0	0		
PADRON PEPPERS	0	0		
PAPER LANTERN CHILES	0	0	0	
PASILLA	•	•	•	•
PIMIENTO PEPPERS	0	0	•	•
SCOTCH BONNET CHILES	0	0	0	
SWEET MIXED PEPPERS	0	0	•	•
PERSIMMONS				
FUYU	•	0	0	0
HACHIYA		0	0	0
POMEGRANATES				
POMEGRANATES	0	0	0	0
POTATOES				
FINGERLING, BANANA	•	•	•	•
FINGERLING, FRENCH	•	•	•	\blacksquare
GERMAN BUTTERBALL	•	•	•	\blacksquare
PURPLE PERUVIAN	•	•	•	\blacksquare
RED THUMB	•	•	•	\blacksquare
RUBY CRESCENT	•	•	•	\blacksquare
YELLOW FIN	0			
YUKON GOLD	•	•	•	\blacksquare
OKINAWA, SWEET POTAT	0 0	0	0	0
RADISH				
RADISH, BLACK SPANISH	0			
RADISH, EASTER EGG	0	0	0	0
RADISH,				
FRENCH BREAKFAST	0	0	\circ	



RADISH (CONT'D)	SEPT	ост	NOV	DEC
RADISH, WATERMELON	0	0	0	0
ROOT				_
BEETS, BABY GOLD	0	0	0	
BEETS, BABY RED	0	0	0	•
BEETS, BABY, CHIOGGIA	0	0	0	•
BEETS, CHIOGGIA	0	0	0	
BEETS, GOLD	•	•	•	0
BEETS, RED	0	0	0	0
BURDOCK ROOT	0	0	0	0
DAIKON, PURPLE	0	0	0	0
FENNEL	0	0	0	0
FENNEL, BABY	0	0	0	0
HORSERADISH ROOT	0	0	0	0
RUTABAGA	•	•	•	
TURNIPS, BABY	0	0	0	0
TURNIPS, BABY, SCARLET	0	0	0	0
TURNIPS, BABY, WHITE	0	0	0	
TURNIPS, HINONA KABU	0	0	0	
TURNIPS, SCARLETT	0	0	0	0
RHUBARB				
RHUBARB, FIELD				
SPECIALTY				
FENNEL POLLEN, WILD	0	0	0	0
HEARTS OF PALM	•	•	•	•
LYCHEES	•			
QUINCE	0	0	0	0
SALSIFY	0	0	0	0
TOMATILLOS	•	•	•	•
SPROUTS				
SPROUTS, BEAN	0	0	0	0
SPROUTS, CLOVER	0	0	0	0
SPROUTS, DAIKON	0	0	0	0
SPROUTS, PEA	•	•	•	0 0 0
SPROUTS, SUNFLOWER	0	0	0	•
SPROUTS, WHEAT GRASS	0	0	0	•



STONE FRUIT	SEPT	ост	NOV	DEC
NECTARINES	0			•
NECTARINES, ARCTIC ROS	SE O			
NECTARINES, WHITE	0		•	
PEACHES, CONVENTIONAL	L O			•
PEACHES, WHITE	0			
PLUMS, BLACK	0			
PLUMS, RED	0			
PLUMS, ELEPHANT HEART	- 0			
PLUMS, FRENCH PRUNE	•			
PLUMS, ITALIAN PRUNE	•			
FLAVOR KING PLOTS	0			
TOMATOES				
CHERRY, TOYBOX	0	0		•
EARLY GIRL	0	0		
CAPRESE	0			
EARLY GIRL	0	0		
GOLDEN NUGGET	0	0		
GREEN	0	0	•	
GREEN ZEBRA	0	0		
HEIRLOOM	0	0	0	
LEMON BOY	0	0		
MARVEL STRIPE	0	0		
MIXED HEIRLOOMS	0	0	•	•
ROMA	0			
SUN GOLD	0	0	•	
SWEET 100	0	0	•	
TASTI LEE			•	•
TOYBOX CHERRY	0	0		•
TROPICALS				
MANGOES	•	•	•	•
MANGOES, MANILA	•		•	
KIWI	0	0	0	0
PAPAYA, STRAWBERRY	•	•	•	•
PASSION FRUIT	•	•	•	•
PINEAPPLES	•	•	•	•



TROP	ICALS (CONT'D)	SEPT	ост	NOV	DEC
	PINECOCKTAIL	•	•	•	•
	STAR FRUIT	•	•	•	•
WINT	ER SQUASH				
	SQUASH, BUTTERNUT	0	0	0	0
	SQUASH, CARNIVAL	0	0	0	•
	SQUASH, KOBOCHA	0	0	0	•
	SQUASH, DELICATA	0	0	0	
	SQUASH, GREEN ACORN	0	0	0	•
	SQUASH, HONEYNUT	0	0	0	•
	PUMPKIN, BIG MAC		0	0	0
	PUMPKIN, LARGE		0	0	0
	PUMPKIN, MEDIUM		0	0	0
	PUMPKIN, SMALL		0	0	0
	PUMPKIN, MINI		0	0	0
	PUMPKINS, SUGAR PIE	0	0	0	0
	PUMPKIN, FAIRYTALE		0	0	0
	PUMPKIN, CINDERELLA		0	0	0
	PUMPKIN, JARRADAL		0	0	0
	PUMPKIN, WHITE MINI		0	0	0
	PUMPKIN,				
	LIL' TIGER STRIPE		0	0	0
	PUMPKIN, WE BE LITTLE		0	0	0
	PUMPKIN, KNUCKLEHEAD		0	0	0
SUMM	ER SQUASH				
	ZUCCHINI	0	0	0	0
	COSTATA ROMANESCO	0	0		
	GOLD BAR ZUCCHINI	0	0		• •
	STRAIGHT NECK SQUASH	0	0	0	•
	SUMMER SQUASH				
	TOYBOX SQUASH	0	0		
	RONDE DE NICE SQUASH	0	0		
	SUNBURST SQUASH	0	0		
YAMS					
	GARNET	0	0	0	0
	JAPANESE SWEET	0	0	0	0