

SUMMER SEASONAL GUIDE

2025

Updated 6/3/25

## **Top Menu Picks**



The Summer Solstice arrives on June 21st and the heat of summer hastens the harvest of local beans, berries, corn, figs, melons, new crop potatoes, and summer squash.

While we always hope for perfect weather conditions, Mother Nature has the final say. This year, heavy winter rains helped cover crops grow tall this spring, enriching the soil with abundant nitrogen to support faster, healthier plant growth. Mild spring rains led farms to plant in early March this year, pushing crops ahead into early summer.

California cherries will make a brief appearance before ending early this year, as last summer's extreme heat weakened the trees and reduced this year's crop. Peach, nectarine, and plum crops are expected to have a bumper harvest thanks to ideal bloom weather from Fresno through the Sierra foothills.

## Fruits:

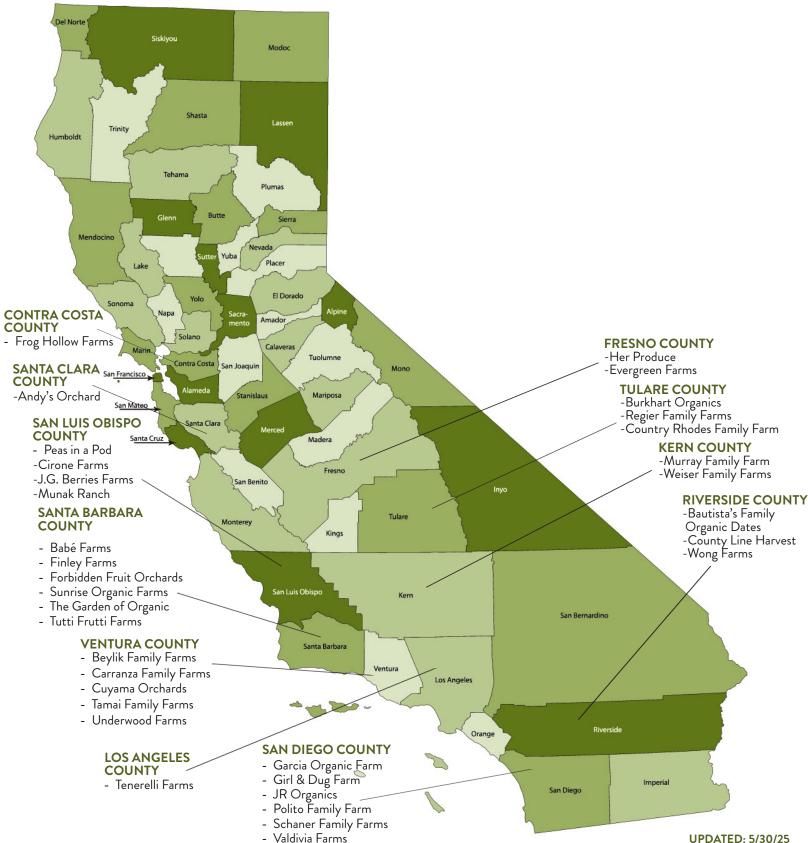
- Peaches
- Nectarines
- Apricot
- Plums
- Plouts
- Figs
- Blackberries
- Blueberries
- Raspberries
- Golden Berries
- Pink Lemonade Berries
- Boysenberries
- Ollalie Berries
- Sungold Tomatoes
- Sweet 100 Cherry Tomatoes
- Heirloom Tomatoes
- Early Tomatoes
- San Marzano Tomatoes
- Cherry Tomatoes Mixed Color
- Melons
- Watermelons

## Vegetables:

- Onions
- Cucumber
- Eggplant
- Lettuce
- Shelling Beans
- String Beans
- Corn: White, Yellow & Bi-color
- Baby Corn
- Potatoes
- Summer Squash
- Squash Blossoms
- Zucchini with Blossoms
- Peppers: Sweet & Hot



# **Our Outstanding Local Farms**



**UPDATED: 5/30/25** 

## Local Farms

### 2 PEAS IN A POD

### San Luis Obispo County, CA

- Boysenberry
- Olallieberry
- Cannellini Beans
- Coco Beans
- Cranberry Beans
- White Lima Beans
- Christmas Lima Beans

## ANDY'S ORCHARD

### Santa Clara County, CA

- Nectarines
- Peaches
- Apricots
- Plums
- Pluots
- Cherries

### BEYLIK FAMILY FARMS

### Ventura County, CA

- Beefsteak Tomatoes
- Momotaro Tomatoes
- San Marzano Tomatoes
- Anaheim Peppers
- Fresno Peppers
- Jalapeno Peppers
- Poblano Peppers

### **BURKHART ORGANICS**

### Tulare County, CA

- Peaches
- Nectarines
- Plums
- Pluots

### **CIRONE FARMS**

### San Luis Obispo County, CA

• Apricots

### **EVERGREEN FARMS**

### Fresno County, CA

- Greenbeans
- Long beans
- Yellow beans

### FORBIDDEN FRUIT ORCHARDS

### Santa Barbara County, CA

• Mulberries

## FROG HOLLOW FARMS

### Contra Costa County, CA

Apricots

### GARCIA ORGANIC FARM

### San Diego County, CA

• Figs

### HER PRODUCE

### Fresno County, CA

- Greenbeans
- Long beans
- Yellow beans
- Japanese Cucumbers
- Lemon Cucumbers
- Persian Cucumbers
- Pickling Cucumbers
- American Eggplant
- Chinese Eggplant
- Italian Eggplant
- Japanese Eggplant

### JR ORGANIC FARMS

### San Diego County, CA

- Dragon Tongue Beans
- Green Beans
- Yellow Wax Beans
- Jimmy Nardello Peppers
- 8-Ball Squash
- Gold Bar Squash
- Romanesco Squash
- Zucchini Squash

## MUNAK RANCH

### San Luis Obispo, CA

- Ambrosia Melons
- Sweet Rocky Melons
- Heirloom Tomatoes
- Baby Green Zebra Tomatoes
- Sungold Tomatoes
- Sweet 100 Tomatoes
- Early Girl Tomatoes
- Celebrity Tomatoes
- Red Seedless Watermelon

## Local Farms

### MURRAY FAMILY FARMS

#### Kern County, CA

- Apricots
- Figs •
- Grapes
- Mulberries

### **REGIER FAMILY** FARMS

#### **Tulare County, CA**

- Nectarines
- Peaches

### **COUNTRY RHODES FAMILY FARM**

#### **Tulare County, CA**

- Armenia Cucumbers
- Italian Cucumbers
- Lemon Cucumbers
- Jimmy Peppers
- Shishito Peppers

### SUNRISE ORGANIC FARM

#### Santa Barbara County, CA

- Gem Lettuce
- Salanova Lettuce
- Jalapeno Peppers
- Jimmy Peppers
- Shishito Peppers
- Poblano Peppers

### **TENERELLI ORCHARDS**

#### Los Angeles County, CA

- Nectarines
- Peaches
- Plums
- Pluots

### THE GARDEN OF

#### Santa Barbara County, CA

- Gem Lettuce
- Oak Lettuce
- Salanova Lettuce
- Sweet Crisp Lettuce

### **TUTTI FRUTTI FARMS**

#### Santa Barbara County, CA

- Mixed Heirloom Tomatoes
- Sungold Cherry Tomatoes
- Purple Cherry Tomatoes
- Red Cherry Tomatoes
- Roma Tomatoes

### UNDERWOOD FARMS

#### Ventura County, CA

- Melons
- Yellow Seedless Watermelon
- Bi-Color Corn

### WEISER FAMILY FARMS

#### Kern County, CA

- Baby Summer Squash
- Baby Eggplant
- Arava Melon
- Brilliant Melon
- Cavaillon Melon
- Piel de Sapo Melon
- Sugar Cube Melon
- Yellow Watermelon
- Aji Peppers
- Amarillo Peppers
- Jimmy Peppers
- Shishito Peppers

## WONG FARMS

#### **Riverside County, CA**

Valencia Mangoes

### VALDIVIA FARMS

#### San Diego County, CA

- Squash Blossom
- Zucchini Blossom
- Heirloom Baby Tomatoes
- Heirloom Tomatoes
- Red Vine Tomatoes

### Keitt Mangoes

## Summer Seasonal Items

#### BEANS

Commencing in late spring/early summer, local fields produce crunchy, velvety options in various colors, shapes, and sizes. Some of these varieties include French, Purple, Romanos, and Blue Lakes. Toward the end of summer, shelling beans begin with Cranberry, then Cannelini, and later with the likes of Flageolet.

#### BERRIES

Blueberries start as a half pint pack and shift to full pints as the season progresses and the crop fleshes out. Look for local varietal blackberries and raspberries. Strawberries move to the smaller, more flavorful varieties. Gooseberries make their brief appearance, mostly coming from Oregon.

#### CITRUS

Summer is not a great time of year for citrus. There are four primary growing districts in California that we move between during summer, shopping for the best quality and value. You will see this crop-in-transition impact on pricing, as with every out of season crop. Lemons suffer the most at this time, and Meyer Lemons fade away. What little available is often less than prime, with erratic in size and often soft. We will source lemons from Chile for the summer until the fall. Limes will the most reliable citrus option, with great taste and full of juice.

#### FIGS

The major fig season begins in mid-summer and runs as late as November for certain varieties. Frost or heavy rains will affect the quality and availability of figs in the fall. Prior to the California crop starting, we occasionally source figs from Arizona. An Arizona picking sometimes covers the local fig gap in mid-summer. Please note: Black Mission Figs have two harvests: one small crop in late spring, then a larger crop in late summer through early fall, gapping in between.

#### MUSHROOMS

Morels from the Pacific Northwest often run through summer. Other Summer Mushrooms include Chanterelles, Hen of the Woods, Lobster, and some Porcini. Cultivated Mushrooms can be impacted by excessive heat and supplies may be interrupted as growers adapt to higher temperatures.

#### MELONS

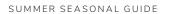
Melons can start as early as May from the desert, but these are rarely full of sugar. The best flavor and variety comes by mid-June. Local melon season can run into October depending on warm weather. Generally, the best of the season is in June until early September.

#### **STONE FRUIT**

The season for our local cherries is fairly short and will continue with fruit from Oregon and Washington. Bings typically start in late May, followed by Rainiers in June. During the summer months, California-grown apricots, nectarines, peaches, plums, and pluots get better as the season progresses.

#### TOMATOES

Prime local tomato season is early-mid July through late September. Every year sees new varietals and different farmers trying their hand at heirlooms. We sell both mixed flats and dedicated single varietal packs. The Toy Box Cherry Tomato pack is a perennial favorite as you will find the most satisfying flavor from the smaller fruit. We also have a Caprese mix available, which is a mid-size heirloom mix.



		JUN	JULY	AUG	SEP
APPL	ES				
	GRAVENSTEIN			0	
ARTIC	CHOKES				
	LOOSE, SMALL	0	0	0	0
ASPA	RAGUS				
	GREEN	0	۲	۲	۲
	WHITE	۲	۲	۲	۲
AVOC	ADOS				
	AVOCADOS	0	0	۲	۲
BEAN	S				
	BABY LIMA BEANS	0	0	0	0
	BLUE LAKE	0	0	0	0
	CANNELINI	0	0	0	00000000
	CRANBERRY	0	0	0	0
	FAVA	0	0	0	0
	FLAGOLET	0	0	0	0
	FRENCH	0	0	0	0
	LONG BEANS	0	0	0	0
	PURPLE BEANS	0	0	0	0
	ROMANO	0	0	0	0
BERR	IES				
	BLACKBERRIES	0	0	0	0
	BLUEBERRIES	0	0	0	$\square$
	BOYSENBERRIES	0			
	CRANBERRIES			0	0
	CURRANTS		$\square$	$\square$	
	GOOSEBERRIES	$\square$	$\square$		
	HUCKLEBERRIES			$\square$	$\square$
	MULBERRIES	0			
	OLALLIEBERRIES	0	0		
	RASPBERRIES	0	0	0	0
	RASPBERRIES, BLACK	0	0		
	RASPBERRIES, GOLDEN	0	0		
	STRAWBERRIES	0	0	0	0

SUMMER SEASONAL GUIDE

	JUN	JULY	AUG	SEP		
BROCCOLI						
BROCCOLI RAAB			0	0		
GAILAN	0	0	0	0		
SWEET BABY BROCCOLI	0	0	0	0		
CABBAGE						
CONICAL			0	0		
GREEN	0	0	$\square$	$\square$		
NAPA	0	0	$\square$	$\square$		
RED	0	0	0	0		
CARROTS						
CARROTS, BABY, ROUND	۲	۲	۲	$\bigcirc$		
NANTES	0	0	0	0		
CAULIFLOWER						
CAULIFLOWER	0	0	0	0		
FLORENTINO	0	0	0	0		
SWEET BABY	0	0	0	0		
CHICORIES						
CASTELFRANCO	0	0	0	0		
ENDIVE	0	0	0	0		
ESCAROLE	0	0	0	0		
ESCAROLE, ORGANIC	0	0	0	000000		
FRISEE, BLONDE	0	0	0	0		
RADICCHIO	0	0	0	0		
TREVISO	0	0	0	0		
CITRUS						
GRAPEFRUIT, RIO STAR	0	0	0	0		
LIME, KEY	۲	۲	۲	$\bigcirc$		
ORANGES, JUICING	۲	۲	۲	۲		
ORANGES, VALENCIA	0	0	0	0		
CORN						
BI-COLOR	0	0	0	0		
RED		0	0			
SILVERADO		0	0			
WHITE	0	0	0	Ō		
YELLOW	0	0	0	Ō		

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STATISTICS AND

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		JUN	JULY	AUG	SE
cucu	JMBER				
	ENGLISH	0	0	0	C
	JAPANESE	0	0	0	C
	LEMON	0	0	0	
	PAINTED SERPENT	0	0	0	C
	PERSIAN		0	0	
DATE	S				
	DATES, BARHI (DRY CROP)	0	0	0	(
	DATES, BARHI (FRESH CROP)				C
	DATES, MEDJOOL	0	0	0	(
EGGF	PLANT				
	CHINESE	0	0	0	(
	GLOBE	0	0	0	(
	GREEN THAI	0	0	0	
	INDIAN	0	0	0	(
	ITALIAN	0	0	0	(
	JAPANESE	0	0	0	(
	MIXED ORGANIC		0	0	(
	ROSA BIANCA			0	(
	WHITE PALOMA	0	0	0	
FIGS					
	ADRIATIC	0	0	0	(
	BLACK MISSION	0	0	0	(
	BROWN TURKEY	0	0	0	(
	CANDY STRIPE				
	(TIGER STRIPE)		0	0	(
	KADOTA		0	0	(
GARL	-IC				
	GARLIC	0	0	0	(
	ELEPHANT	0	0	0	(
	GARLIC SCAPES		$\square$		
GRAF	PES				
	CHAMPAGNE			0	(
	CONCORD		0	0	(
	FINGER			0	C

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		JUN	JULY	AUG	SEP
GRAPE	S CONT'D				
-	MUSCAT			0	0
F	PEONY			0	0
	ZANTE		0	0	0
GREEN	S				
	AGRETTI	0	0	0	0
/	ARTISAN MIX	0	0	0	0
E	BABY ARUGULA	0	0	0	
E	BRAISING MIX	0	0	0	0
(	COLLARD GREENS	0	0	0	0
(	GREEN CHARD	0	0	0	0
ł	KALE, LACINATO	0	0	0	0
l	LOLLO ROSA	0	0	0	0
1	MEGA BLEND	0	0	0	0
1	MIZUNA	0	0	0	0
F	RAINBOW CHARD	0	0	0	0
F	RED DRAGON RUCOLA	0	0	0	0
F	RED LITTLE GEM LETTUCE	0	0	0	0
F	RED MUSTARD GREENS	0	0	0	0
F	RED SNAPPER SPINACH	0	0	0	0
F	RUCOLA	0	0	0	0
ç	SPINACH, BABY	0	0	0	0
ç	SPRING MIX	0	0	0	0
N N	WATERCRESS, LIVING	0	0	0	0
LEAVES	S				
F	FIG LEAVES	0	0	0	0
LETTU	CE				
E	BABY MIXED	0	0	0	0
E	BUTTER, GREEN	0	0	0	0
E	BUTTER, RED	0	0	0	0
I	CEBERG, RED	0	0	0	0
l	LITTLE GEM	0	0	0	0
F	REINE DE GLACES	0	0	0	000000
F	ROMAINE, GREEN	0	0	0	0
F	ROMAINE, RED	0	0	0	0
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JUN

JULY

10

MELON	IS				
	AMBROSIA		0	0	0
	CANARY	0	0	0	0
	CANTALOUPE	0	0	0	0
	CASABA	0	0	0	0
	CHARANTAIS	0	0	0	0
	CRANE	0	0	0	0
	CRENSHAW		0	0	0
	GALIA	0	0	0	
	GODDESS	0	0	0	0
	HONEYDEW	0	0	0	0
	HONEYDEW, PINK	0	0	0	0
	PIEL DE SAPO	0	0	0	
	SHARLYN		0	0	0
	ТОҮВОХ	0	0	0	0
	TUSCAN		0	0	0
	WATERMELON, BLACKJACK	0	0	0	
	WATERMELON, ORANGE		0	0	0
	WATERMELON, SEEDLESS	0	0	0	0
	WATERMELON, YELLOW	0	0	0	
	WATERMELON,				
	YELLOW DOLL	0	0	0	
MUSHI	ROOMS				
	HEN OF THE WOOD		0	0	
	LOBSTER		•	0	
	MOREL	0	0	0	
	PORCINI	0			
ONION	S				
	CIPPOLINI		0	0	
	RED SPRING	0	•	•	
	RED TORPEDO	0	0		
	VIDALIA	$\square$			
PEARS					
	ASIAN, HOSUI			0	0
	ASIAN, SHINKO	•		0	0
	BARTLETT			$\frown$	$\cap$

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SUMMER	SEASONAL	GUIDE

JUN

JULY

		JUN	JULY	AUG	SEP
PEAR	S CONT'D				
	CACTUS	۲	۲	۲	۲
	FRENCH BUTTER			$\square$	$\square$
	SECKEL			$\bigcirc$	$\square$
	TAYLOR GOLD	۲	۲		
PEAS					
	BLACK-EYE		0	0	
	STRINGLESS SNAP	0	0	0	0
PEPP	ERS & CHILES				
	BELL PEPPERS, PURPLE	0	0	0	0
	CAROLINA REAPER CHILES				0
	CHOCOLATE HABENEROS				0
	CORNO DI TORO PEPPERS,				
	RED & YELLOW	0	0	0	0
	FLAMING FLARE CHILES	0	0	0	
	GHOST				0
	GYPSY, RED			0	0
	GYPSY, YELLOW	0	0	0	0
	HABANERO	۲	۲	۲	۲
	JIMMY NARDELO PEPPERS	0	0	0	0
	LIPSTICK	0	0	0	0
	PADRON PEPPERS	0	0	0	0
	PAPER LANTERN CHILES				0
	PASILLA	۲	۲	۲	۲
	PIMIENTO PEPPERS	0	0	0	0
	SCOTCH BONNET CHILES				0
	SWEET MIXED PEPPERS	0	0	0	0
РОМЕ	GRANATES				
	POMEGRANATES			0	0
POTA	TOES				
	FINGERLING, BANANA	$\square$	$\square$	$\square$	$\square$
	FINGERLING, FRENCH	$\square$	$\square$	$\square$	$\square$
	GERMAN BUTTERBALL	$\square$	$\square$	$\square$	$\square$
	OKINAWA, SWEET POTATO				0
	PURPLE PERUVIAN	$\square$	$\square$	$\square$	$\square$
	RED THUMB			$\square$	$\square$

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SUMMER SEASONAL GUIDE

	JUN	JULY	AUG	SEP
POTATOES CONT'D				
RUBY CRESCENT	$\square$	$\square$	$\square$	$\square$
YELLOW FIN	0	0	0	0
YUKON GOLD	$\square$	$\square$	$\square$	$\square$
RADISH				
BLACK SPANISH	0	0	0	0
DAIKON, PURPLE	0	0	0	0
EASTER EGG	0	0	0	0 0 0
FRENCH BREAKFAST	0	0	0	0
WATERMELON	0	0	0	0
RHUBARB				
RHUBARB, FIELD	$\square$	$\square$	$\square$	$\square$
ROOTS				
BEETS, BABY GOLD	0	0	0	0
BEETS, BABY RED	0	0	0	0
BEETS, BABY, CHIOGGIA	0	0	0	0
BEETS, BADGER FLAME	$\square$	$\square$	$\square$	$\square$
BEETS, CHIOGGIA	۲	۲	۲	۲
BEETS, GOLD	$\square$	$\square$	$\square$	$\square$
BEETS, RED	$\square$	$\square$	$\square$	$\square$
BURDOCK ROOT	0	0	0	0
FENNEL	0	0	0	0
FENNEL, BABY	0	0	0	0
RUTABAGA	$\square$	$\square$	$\square$	$\square$
TURNIPS, BABY	0	0	0	0
TURNIPS, BABY SCARLET	0	0	0	0 0 0
TURNIPS, BABY WHITE	0	0	0	0
TURNIPS, HINONA KABU	0	0	0	0
TURNIPS, SCARLETT	0	0	0	0
SPECIALTY				
HEARTS OF PALM	۲	۲	۲	۲
LYCHEES	۲	۲	۲	۲
OKRA		0	0	0
QUINCE		0	0	0
SALSIFY				0 0 0
TOMATILLOS	۲	۲	۲	۲

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SUMMER SEASO

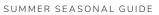
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JUN	JULY	AUG	SEP
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0
0	0	0	0

SPROUTS				
BEAN	0	0	0	0
CLOVER	0	0	0	0
DAIKON	0	0	0	0
PEA	0	0	0	0
SUNFLOWER	0	0	0	0
WHEAT GRASS	0	0	0	0
STONE FRUIT				
APRICOTS	0	0	0	
APRICOTS,				
ROYAL BLENHEIM	0	0		
APRIUMS	0			
CHERRIES, BING	0	0		
CHERRIES,				
CORAL CHAMPAGNE	0			
CHERRIES, RAINIER	0	0		
CHERRIES, SWEET, RED	0			
CHERRIES, TIOGA	0			
FLAVOR KING PLUOTS		0	0	0
FLAVOR ROSA PLUOTS	0	0		
NECTARINES	0	0	0	0
NECTARINES, ARCTIC RO	se O	0	0	0
NECTARINES, WHITE	0	0	0	0
PEACHES, CAL RED		0	0	
PEACHES, CONVENTIONA	L O	0	0	0
PEACHES, DONUT	0	0	0	0
PEACHES, ELEGANT LAD	rО	0	0	0
PEACHES, GOLD DUST	0	0		
PEACHES, O' HENRY	0	0	0	0
PEACHES, RICH LADY	0	0	0	0
PEACHES, SUMMER SET	0	0	0	0
PEACHES, SUN CREST	0	0	0	0
PEACHES, WHITE	0	0	0	0
PEACHES, ZEE LADY	0	0	0	0
PLUM, EMERALD BEAUTY				0
PLUMS, BLACK	0	0	0	0
PLUMS, ELEPHANT HEAR	т	0	0	0

SUMMER SEASONAL GUIDE

	JUN	JULY	AUG	SEP
STONE FRUIT CONT'D				
PLUMS, FRENCH PRUNE			0	0
PLUMS, ITALIAN PRUNE			$\square$	$\square$
PLUMS, RED	0	0	0	0
PLUMS, SANTA ROSA		0	0	
PLUOT, DAPLE DANDY		0	0	
PLUOT, FLAVOR KING		0	0	
PLUOT, FLAVOR QUEEN		0	0	0
PLUOT, FLAVOR ROSA	0	0	0	0
PLUOT, GRENADE		0	0	0
SUMMER SQUASH				
COSTATA ROMANESCO	0	0	0	0
GOLD BAR ZUCCHINI	0	0	0	0
RONDE DE NICE SQUASH	0	0	0	
SQUASH BLOSSOMS	0	0	0	
STRAIGHT NECK SQUASH	ı O	0	0	0
SUNBURST SQUASH	0	0	0	0
TOYBOX SQUASH	0	0	0	0
ZUCCHINI	0	0	0	0
TOMATOES				
CAPRESE	0	0	0	
EARLY GIRL	0	0	0	0
GOLDEN NUGGET	0	0	0	0
GREEN	0	0	0	0
GREEN ZEBRA	0	0	0	0
LEMON BOY	0	0	0	0
MARVEL STRIPE	0	0	0	0
MIXED HEIRLOOMS	0	0	0	
ROMA	0	0	0	0
SUN GOLD	0	0	0	0
SWEET 100	0	0	0	0
TOYBOX CHERRY		0	0	0
TROPICALS				
KIWI	۲	۲	۲	0
KIWI, GOLD	۲	۲	۲	() () () ()
LYCHEES	۲	۲	۲	۲

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	JUN	JULY	AUG	SEP
TROPICALS CONT'D				
MANGOES	۲	۲	۲	۲
MANGOES, MANILA	۲	۲	۲	۲
PAPAYA, STRAWBERRY	۲	۲	۲	۲
PASSION FRUIT	۲	۲	۲	۲
PINEAPPLES	۲	۲	۲	۲
STAR FRUIT	۲	۲	۲	۲
TAMARILLO, RED/GOLD	۲	۲		

O:Available from CA  $ilde{P}$ :Available from the US  $ilde{O}$ :Available Outside of the US  $ilde{O}$ : Not Available